



# CCS KNIGHTS 2019 Middle School Boys SOCCER CAMP

***SERIOUS PLAYERS PUT IN THE WORK BEFORE THE SEASON STARTS!***

**WHO?** - For CCS boys in rising 5<sup>th</sup> through 8<sup>th</sup> grade for 2019-20. Directed by 'Coach Eddie' Thomas (CCS middle school boys' soccer coach) & other CCS soccer coaches & players.

**WHAT?** - Four days of soccer drills and games for players wanting to improve their technical & tactical soccer skills! The sessions will include 1 hour focused on fundamental skills & drills, then the last hour will focus on small-sided games up to full-field games! Sessions will be divided by age-group & skill-level to optimize our instruction focus and competition. We will also include some fun skills competitions & conditioning grids. This will be a GREAT time to get ready for the middle school soccer tryouts and the new season ahead or to just enjoy four fun days of soccer with your CCS classmates and coaches!

**WHEN?** - July 22-25 (Monday - Thursday) ~ 4:00 - 6:00 P.M. / Rain Date: July 26th

**WHERE?** - Cary Christian School - Practice Field - 1330 Old Apex Road, Cary, N.C.

**COST?** - **\$80.00 per player** (includes a new 'CCS KNIGHTS SOCCER' t-shirt)

Proceeds will help support 'Coach Eddie' & the CCS SOCCER PROGRAM.

If needed, inquire about possible scholarships & discounted rates.

**Optional discounted rate for kids of CCS teachers-staff-coaches: \$60.00**

**REGISTRATION & PAYMENT?** Camp flyers and forms are posted under the "forms" tab at [CaryChristianAthletics.com](http://CaryChristianAthletics.com). Send email to 'Coach Eddie' with the information requested below and **mail your check (Payable to: "Eddie Thomas") to this address: Eddie Thomas, 1636-B Quail Ridge Rd, Raleigh, NC 27609** or pay online via **PayPal using this email: [eddiethomas44@gmail.com](mailto:eddiethomas44@gmail.com)**. Please direct questions to 'Coach Eddie'. Registration & Payment must be made prior to the start of camp to help with planning and ordering camp t-shirts & supplies. Prior to camp starting, we will need a **signed copy** of the **Release and Hold Harmless & Consent for Medical Treatment Form**.

**WHAT TO BRING?** soccer cleats, soccer socks, shorts, t-shirt, shin guards, LARGE filled water bottle, cold towel (optional), goalie gloves (optional), regular towel, good attitude!

**DAILY SCHEDULE?** warm-up drills ~ technical & tactical training ~ small-sided & 11v11 games  
Note: we will take plenty of breaks to get out of the sun, hydrate & cool down due to the heat.

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Email info below to Coach Eddie at [eddiethomas44@gmail.com](mailto:eddiethomas44@gmail.com) ~ Cell/Text: **919-215-8206**

**PLAYER NAME:**

**PLAYER BIRTHDATE:**

**PLAYER T-SHIRT SIZE:**

**PLAYER GRADE FOR 2019-20:**

**BEST CONTACT EMAIL(S) & CELL NUMBER(S):**

